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Green, clean and natural –
new lifestyle for
Thai consumers in a
post-COVID 19 era (part)

Mintel Thai Consumer Report

The smartest way to understand
consumer markets across Thailand.

An interactive consumer research tool on the
Thai market with insights on key trends and
local market application.

METHODOLOGY

1

WHO?

General population Thai adults aged 18-45+ | 1,500 - 2,000 samples
Mintel partner's with a leading global data provider, Dynata.

2

HOW?

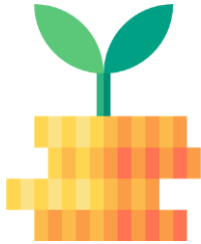
Design | Online Panel | Data Analysis | Reporting
Covering 50 report titles of Food & Beverage, Beauty & Personal Care and Lifestyle

3

WHERE?

5 Regions: Bangkok, Central Region, North, Northeast, South regions

Why Mintel Thai Consumer Reports?



A very cost-effective way
to understand the
consumer behaviour and
sentiment



Recommendations from
experienced analysts that
know the consumer and
the industry



Actionable insights on
“what are the
opportunities and how to
seize them”

Mintel Thai Consumer - Food and Drink

2020

1. Snack Food
2. Sports & Energy Drinks
3. Ready Meals
4. RTD Coffee and Tea
5. Attitudes to Functional Food and Drink
6. Attitudes to Protein and Protein Substitutes
7. Processed Meat
8. Cooking at Home
9. Eating Out
10. Milk and Dairy Alternatives
11. Foodservice Flavour Trends
12. Pet Food
13. Vitamins, Minerals, and Supplements
14. QSR
15. Instant Noodles
16. Tea & Infusions
17. Processed Fish
18. Biscuits (Cookies & Crackers)
19. Sweet Bakery
20. Sugar & Sweeteners
21. Juices
22. Table & Cooking Sauces

2021

1. Non-alcoholic Beverage Trends
2. Salty Snacks
3. Functional Food & Drink
4. Milk & Dairy Alternatives
5. Plant-based Diet
6. Vitamins, Minerals & Supplements
7. Ice-cream and Frozen Treats
8. Noodles & Rice
9. Coffee Shop
10. Sweet Flavour Trends ; Retail
11. Ready Meals
12. Processed Fruits and Vegetables
13. Sports & Energy Drinks
14. Coffee & RTD Coffee ; Retail
15. Menu Insights - cuisines
16. Tea & RTD Tea ; Retail
17. Seasoning, Herb and Spices
18. Processed Fish and Seafood
19. Table & Cooking Sauces
20. Poultry Consumption ; Retail

2022

1. Juices
2. Sports & Energy Drinks
3. Ice-Cream
4. Milk & Dairy Alternatives
5. Yogurt
6. Salty Snacks
7. Instant Noodles
8. Processed Fish
9. Processed Meat
10. Table and Cooking Sauces
11. Ready Meals
12. Vitamins, Minerals & Supplements
13. Functional Food & Drink
14. Non-Alcoholic Beverage Trends
15. Natural and Organic Food and Drink
16. Plant-based Diets
17. Breakfast Foods
18. Cooking at Home
19. Attitudes to Home Delivery and Takeaway
20. Sustainability in Packaged Foods

Mintel Thai Consumer - Beauty and Personal Care

2020

1. Natural & Organic Skincare
2. Colour Cosmetics
3. Beauty Routines
4. Whitening Skincare Trends
5. Suncare
6. Shampoo & Conditioners
7. Deodorants
8. Oral Hygienes
9. Ingestible Beauty
10. Attitudes towards Anti-aging
11. Body Care
12. Facial Care
13. Soap, Bath and Shower Products
14. The Beauty Shopper
15. Household Cleaner
16. Fabric Care
17. Baby Personal Care

2021

1. Attitudes towards hygiene and sanitization
2. Acne
3. Attitudes towards Functional ingredients
4. Dermacosmetics
5. Oral Hygiene
6. Attitudes towards beauty retail
7. Natural and Organic Skincare
8. Beauty Routines
9. Colour Cosmetics Lips & Eye
10. Colour Cosmetics Face
11. Attitudes towards beauty and grooming services
12. Body Care
13. Attitudes towards beauty and wellness
14. Men's Grooming
15. Facial Care
16. Suncare
17. Haircare
18. Soap, Bath and Shower Products
19. Fragrances and scent in BPC trends
20. Deodorants

2022

1. Ingestible Beauty
2. Men's Beauty
3. Clean Beauty
4. Skin Glow and Brightening Trends
5. Color Cosmetics - Base Makeup
6. Color Cosmetics - Point Makeup
7. Attitudes towards Functional Ingredients
8. Facial Care beyond Moisturizer
9. Home Fragrance
10. Digital Route to Market for Beauty
11. Dermacosmetics
12. Preventive Beauty
13. Curative Beauty
14. Thai Beauty Persona
15. Face Mask
16. Convenience (CVS) Beauty
17. Body Skin (+ body shower & skincare)
18. Haircare
19. Fabric Care
20. Attitudes to Household Cleaners

Mintel Thai Consumer - Lifestyle

2020

1. Attitudes to Grocery Shopping
2. Attitudes to Healthy Living
3. Sustainability
4. Attitudes to Private Label
5. Lifestyles of the Over 55s
6. Attitudes to Convenience
7. eCommerce
8. Marketing to Millennials
9. Attitudes to Premiumisation
10. Digital Marketing

2021

1. Attitudes towards Local Products
2. Attitudes towards Travel & Leisure
3. E-commerce
4. Festival Lifestyle
5. Financial Landscape
6. Attitudes towards Fitness
7. Attitudes towards Healthy Living
8. Premiumisation
9. Sustainability
10. Lifestyles of Women

2022

1. Attitudes to Grocery Shopping
2. Attitudes towards Mental Health
3. Attitudes towards Private Label
4. Marketing to Men
5. Digital Lifestyles (with Data Privacy)
6. Attitudes towards Gaming/E-Sports
7. Marketing to Gen-Z Consumers
8. Marketing to Millennials
9. Future of Packaging
10. Attitudes to Premiumization Post-COVID

Plant-based Diets - Thai consumer

Understand the key influences driving plant-based food adoption and identify consumer segments with potential to accelerate growth in the plant-based meat market.



Animal-based foods: LIMIT rather than ELIMINATE

Majority of consumers are still interested in achieving a balance through eating a healthy combination of animal/plant-based food

LIMIT ANIMAL MEAT

43%

of Thais say, typically, they have been trying to limit their own meat intake all or most of the time

AVOID ANIMAL-DERIVED FOODS/INGREDIENTS

5%

of Thais say that avoiding animal-derived foods/ingredients is an important factor when buying food

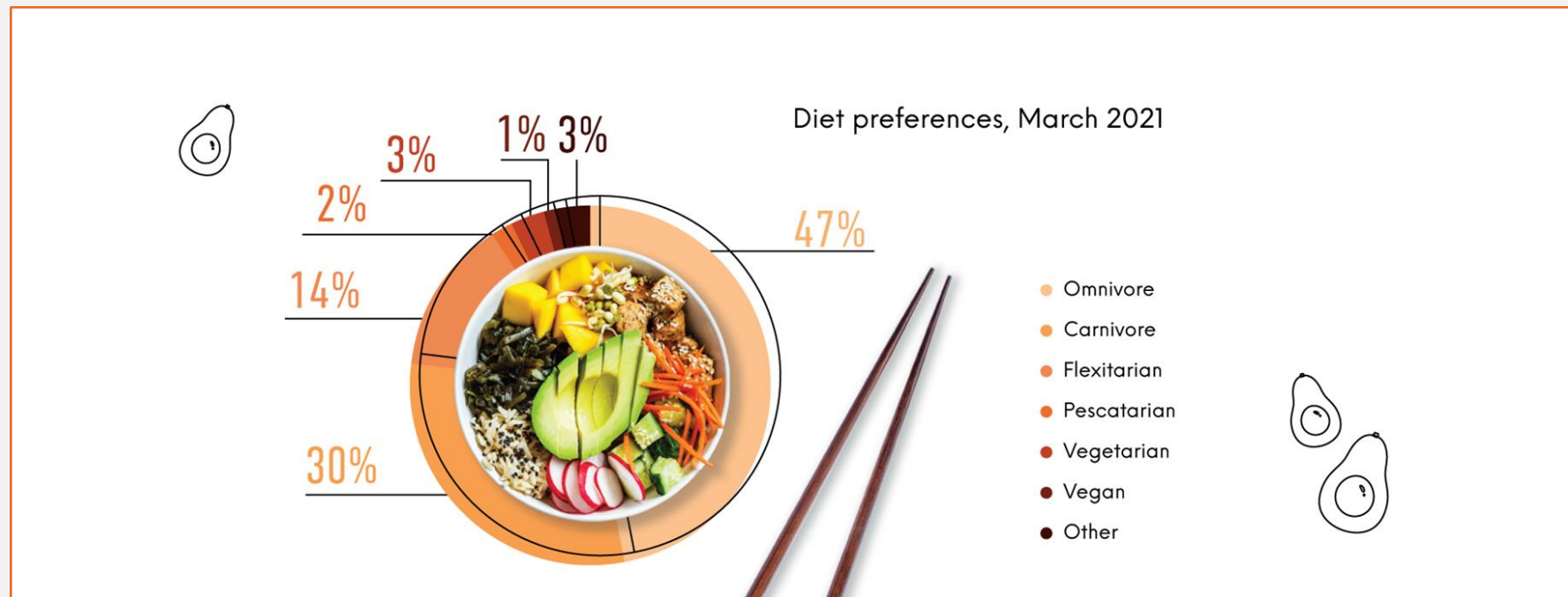
Base: 1,000 Thai internet users aged 18+

Source: Dynata/Mintel

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Rise of the flexitarians

14% say they 'eat mostly meatless meals, but do also eat animal-based foods sometimes'



Base: 1,500 internet users aged 18+

Source: Dynata/Mintel

Increased interest in proteins and health triggers the need for alternative sources

SHOPPING CRITERIA

31%

of Thais prioritise protein content as an important factor when shopping for food

HEALTHFULNESS

70%

of Thais think that plant-based protein is healthier than animal-based protein

PROCESS LEVEL

76%

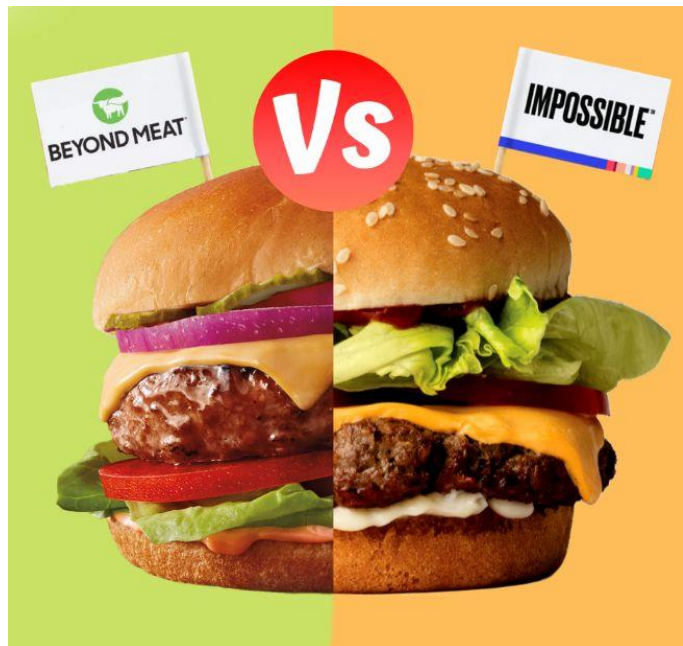
of Thais perceive protein alternatives to be heavily processed

Base: 1,000 Thai internet users aged 18+

Source: Dynata/Mintel



Big brand plant-based alternatives are disrupting the dairy and meat categories globally



Thailand is on board with the alternative protein trend



Need for holistic health drive demand for plant-based foods



Thailand: important factors motivating consumers to eat more plant-based foods, % of respondents, March 2021



91%



Improve overall physical health

89%



Improve digestion

83%



Improve overall mental wellbeing

83%



Reduce risk of getting ill from animal-sourced products

83%



Help the environment



Base: 1,469 internet users aged 18+ who are interested in adding more plant-based foods and/or plant-based meats into their diet in the next three months

Source: Dynata/Mintel

Attitudes towards plant-based meat products

Consumer segmentation



Thai consumers fall into four major segments

Four consumer segments based on attitudes towards plant-based meat



Base: 1,500 internet users aged 18+

Source: Dynata/Mintel

Key takeaways



01

Tap into the growing population of **flexitarians** who are aiming at achieving a balance through eating a healthy combination of animal/ plant-based food

02

Eliminate **nutritional doubts**, with focus on product **digestibility** and **protein quality** to win the skeptics

- 29% of the population

03

Inspire usage excitement with **innovative ingredients** and **format**



Natural and Organic Skincare - Thai Consumer

Align with Thai consumers' clean beauty values by tapping into the eco-ethical claim and incorporating science for better efficacy.

Thailand is moving up the clean beauty scale





KEY TRENDS

The clean lifestyle is a total wellness agenda



[Refill Station](#) - sustainable social enterprise

Food trends continue to lead clean beauty direction



[Plant-based options now available at 7-Eleven](#)

Sustainability is starting to become integrated in Thais' daily life

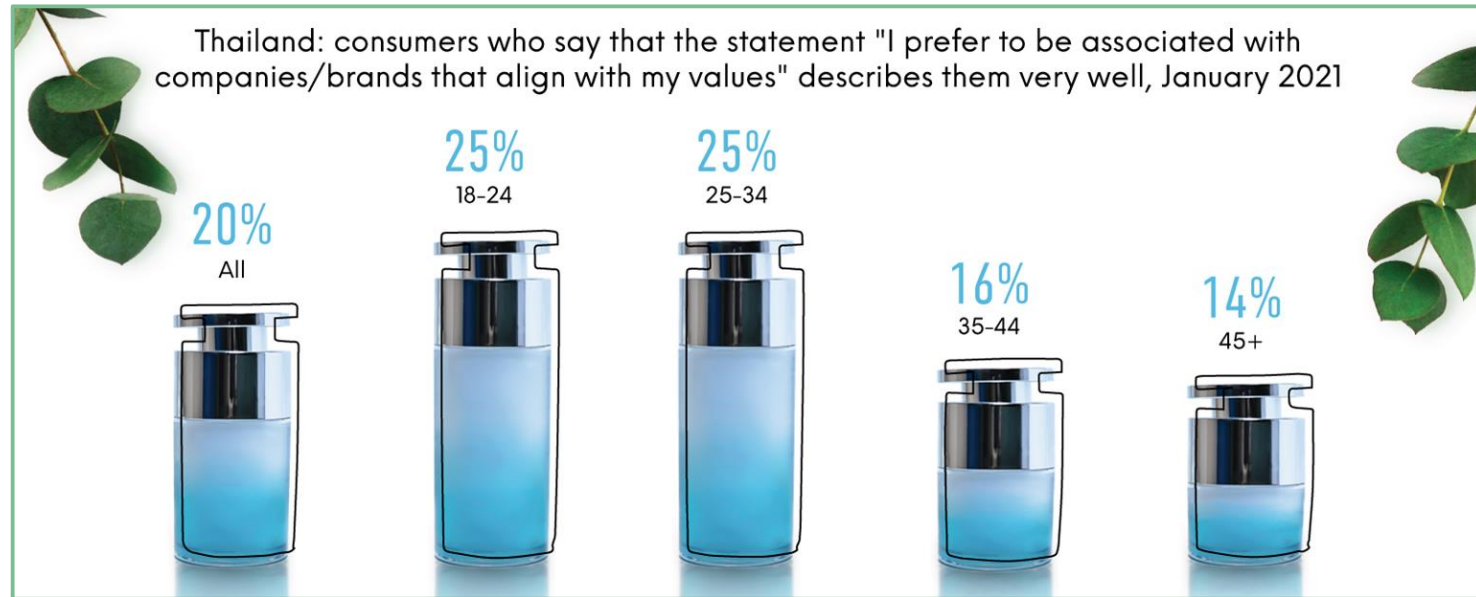


[Colgate's biodegradable bamboo toothbrush](#)

A woman with dark hair is applying makeup. She is holding a round mirror in her left hand and a makeup brush in her right hand. The background is a blurred bathroom setting with various bottles on a shelf.

CONSUMER INSIGHT

Thai Gen Z and Millennials are the activist generation



Base: 1,000 internet users aged 18+

Source: [Dynata/Mintel](#)

Values incentivise Millennials to pay more

PAY MORE

38%

of consumers aged 25-34
strongly agreed that *'It is worth
spending more money on
skincare products that are
natural and organic'*

Base: 2,000 internet users aged 18+

Source: [Dynata/Mintel](#)

A top-down view of various natural and handmade bath products arranged on a light-colored, textured surface. The items include: a large, light-colored, porous sponge at the top left; a smaller, yellow, porous sponge with a loop handle below it; a small, dark glass bottle with a brown cap; a white dish containing a greenish-grey powder with a wooden spoon resting in it; a wooden backbrush with white bristles; a small glass bottle filled with yellow liquid and dried flowers; a white bowl containing a white, creamy substance; a bar of yellow soap with a leaf-shaped embossed design; a bar of plain yellow soap; and two circular, yellow, porous sponges at the bottom right. A white rectangular box with a green horizontal bar at the top is centered over the image, containing the text "MARKET APPLICATIONS".

MARKET APPLICATIONS

The future of Thai clean beauty



Show that brands care about animal welfare



[Women for Bees, Guerlain x UNESCO project](#)



KEY TAKEAWAYS

01

Clean Beauty is part of
Clean lifestyle movement

02

Evolve to keep up with the
young mindset shift

03

Premiumize clean beauty
using wellness angle

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